

'24 Menu

A Brighter Day Learning Center

Monday 02	Tuesday 03	Wednesday 04	Thursday 05	Friday 06
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	whole wheat	Cherrios cereal *WGR	whole wheat English	French toast *WGR
	toast *WGR	oranges	muffin *WGR	peaches
	bananas	unflavored milk	bananas	unflavored milk
	unflavored milk		unflavored milk	
		LUNCH		LUNCH
	LUNCH	spiral pasta w/	LUNCH	poppin' pasta
Labor Day	soft beef taco	meat sauce	mac 'n cheese	chicken & veggies
Daycare closed	applesauce	carrots frozen blueberries	peas	tossed with pasta
	corn unflavored milk	unflavored milk	apples unflavored milk	mixed fruit
	unilavoreu milk	unitavored milk	unilavored milk	unflavored milk
	SNACK	SNACK	SNACK	SNACK
	string cheese	Gogurt, pretzels	100% apple juice	<u>SNACK</u> 100% apple juice
	Ritz crackers	water	animal crackers	fish crackers
	water			lishciackers
Monday 09	Tuesday 10	Wednesday <u>11</u>	Thursday 12	Friday <u>1</u> 3
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Life cereal	whole wheat toast	Kix cerea <u>l</u>	multi-grain Cherrios	French toast
pears	*WGR	oranges	bananas	peaches
unflavored milk	bananas	unflavored milk	unflavored milk	unflavored milk
	unflavored milk			
LUNCH	LUNCH	<u>LUNCH</u> pizza	<u>LUNCH</u> spiral pasta w/	LUNCH
ham & cheese melt	white chicken chili	carrots	meatballs	chicken nugget
broccoli	applesauce	apples	red sauce	tater tots
peaches unflavored Milk	unflavored milk	unflavored milk	green beans	mixed fruit
			frozen blueberries	unflavored milk
SNACK	SNACK	SNACK	unflavored milk	SNACK
unflavored milk	string cheese	Gogurt, pretzels		100% apple juice
	banana muffin	water	<u>SNACK</u>	fish crackers
graham crackers				
	water		100% apple juice	
			100% apple juice animal crackers	

Please note: For allergies, pinto beans will replace cheese, yogurt or eggs | *WGR - daily serving of whole grain rich food Milk: 12-23 months unflavored whole milk | 2-5 years old unflavored 1% milk

Monday 16 BREAKFAST Life cereal pears unflavored milk LUNCH gilled cheese sandwich - whole wheat bread *WGR broccoli peaches unflavored Milk SNACK unflavored milk graham crackers	Tuesday17BREAKFASTwhole wheat toast *WGR bananas unflavored milkLUNCH beef taco applesauce unflavored milkSNACK string cheese Ritz crackers water	Wednesday 18 BREAKFAST Cherrios cereal *WGR oranges unflavored milk LUNCH spiral pasta*WGR w/ meat sauce carrots frozen blueberries unflavored milk SNACK Gogurt, pretzels water	Thursday19BREAKFASTwhole wheat English muffin *WGR bananas unflavored milkLUNCHmac 'n cheese peas apples unflavored milkSNACK100& apple juice animal crackers	Friday 20 BREAKFAST French toast *WGR peaches unflavored milk LUNCH poppin' pasta chicken & veggies tossed with pasta mixed fruit unflavored milk SNACK 100& apple juice fish crackers	A Brighter Day Learning Center September
Monday 23 BREAKFAST Life cereal pears unflavored milk LUNCH ham & cheese melt broccoli pineapple unflavored Milk SNACK unflavored milk graham crackers	Tuesday24BREAKFASTwhole wheat toast *WGR bananas unflavored milkLUNCHwhite chicken chili applesauce unflavored milkSNACK string cheese banana muffin water	Wednesday 25 <u>BREAKFAST</u> Kix cereal oranges unflavored milk <u>LUNCH</u> pizza carrots pineapple unflavored milk <u>SNACK</u> Gogurt, pretzels water	Thursday26BREAKFASTLife cerealbananasunflavored milkLUNCHspiral pasta*WGR w/meatballsred saucegreen beansfrozen blueberriesunflavored milkSNACK100% apple juiceanimal crackers	Friday BREAKFAST French toast mixed fruit unflavored milk LUNCH chicken nuggets tater tots apple unflavored milk SNACK 100% apple juice fish crackers	² 2 Menu
Monday 30 BREAKFAST Life cereal pears unflavored milk LUNCH gilled cheese sandwich - whole wheat bread *WGR broccoli peaches unflavored Milk SNACK unflavored milk graham crackers		Praying for our Children Lord, please protect my children's health and grant them nourishment and daily provisions in their bodies. Give them strength they need to approach each day. Proverbs 3:7-8			*WGR - daily serving of whole grain rich food whole milk 2-5 years old unflavored 1% milk